

THE ALFORD ARMS - Allergens



Please ask for help with any allergies

STARTERS

Today's soup with crusty bread (nv) £5.75 (1,2WBRO,7,10*,12,14)

Rustic breads with slow-roast garlic, Chiltern rapeseed oil and balsamico (nv) £4.75 (2WBRO,10*,12,14)

Heritage tomato panzanella salad with char-grilled courgette (nv) £6.50 (2WBRO,10*,12,14)

St. Ives smoked trout with new potato and wholegrain mustard salad and local pickled elderflower £7.25 (4,5,9,14)

Whipped Wobbly Bottom Farm goats' cheese with peas, mint and soused red onion (v) £6.75 (7,14)

Classic Caesar salad with baby gem, croutons, parmesan and anchovies (n) £6.25/£12.75 (2WBRO,4,5,7,9,10*,12,14)
..... add roast Potash Farm free range chicken £2.50/£4.00

Chiltern Charcuterie plate with ham hock terrine, celeriac rémoulade, cornichons and sourdough (n) £8.25/£15.75
(1,2WBRO,4,9,10*,12,14)

Bubble and squeak with oak smoked bacon, free range poached egg and hollandaise sauce £7.50/£13.75 (2F,4,7,14)

MAIN COURSES

Imam bayildi and chickpeas with spiced raisin and almond couscous and mint yoghurt (nv) £12.75 (2W,7,9,10,14)

Free range pork Holstein with sweet potato chips, free range egg, capers, anchovies, sherry jus £17.25 (1,2W,4,5,14)

Pan-roast Newlyn haddock fillet on classic niçoise salad £16.25 (4,5,9,14)

Courgette, potato and spring onion rösti with thyme artichokes, Bucksun leaves, tomato vinaigrette (v) £13.50 (9,14)

Field mushroom stuffed Potash Farm chicken breast with creamed polenta, broccoli, roast red onion £17.75 (1,4,7,14)

Today's locally made free range sausages (please see specials) £12.50 (1,2W,7,14)

King prawn linguine with smoked bacon, sun-dried tomato, garlic and chilli £14.75 (2W,3,14)

Bombay spiced roast cauliflower with coriander basmati rice and pea pakoras (v) £13.75 (2F,9,14)

Char-grilled aged 10oz rib-eye steak with slow-roast garlic butter and skinny chips £25.75 (2WF,7,9,14)

SIDES

Buttered seasonal vegetables £3.75 (7) Mac 'n cheese £4.00 (2W,7) Rosemary salted hand-cut chips £3.75 (2F)

Runner beans with garlic butter £3.75 (7) Courgette fries with honeyed yoghurt £4.00 (2WF,4,7)

House salad £3.50 (9,14) Skinny chips (2WF) or mashed potatoes (7) £3.50

PUDDINGS

Lemon posset with polenta shortbread and raspberries £6.75 (2W,7)

Warm chocolate brownie with vanilla ice cream and salted caramel sauce £6.75 (2W,4,7,13)

Iced banana parfait with peanut butter, chocolate crumble and lime jelly (n) £6.50 (4,7,11,13,14)

Local elderflower poached English strawberries with coconut tuile and clotted cream £7.25 (4,7,14)

Warm apple and gooseberry strudel with Chantilly cream £5.75 (2W,4,7)

Homemade ice cream (strawberry, vanilla, chocolate*) £5.75 (4,7,13*)

Homemade sorbets (coconut, raspberry, mint) £5.25

British cheese plate with wafers and red onion chutney (n) £8.75 (2WBRO,7,10*,12,13,14)

Affogato espresso and vanilla ice cream £4.50 (4,7)