

THE ALFORD ARMS - Allergens

GRAIN CONTAINING GLUTEN (2) W=wheat, B=barley, O=oats, R=rye, F=fryer
Possible unknown nut contamination=10*

STARTERS

- Rustic breads with slow-roast garlic, Chiltern rapeseed oil and balsamico (nv) £4.75 (2WBRO,7,10*,12,14)
Today's soup with crusty bread (nv) £5.75 (1,2WBRO,7,10*,12)
Charlotte potato salad with Bucksum beetroot salsa and sourdough crisps (nv) £6.50 (2WBRO,4,9,10*,14)
Free range pork shoulder croquette with ale pickled quail's egg and English mustard mayonnaise £7.75 (2WF,4,9,14)
Salt baked heritage carrots with homemade ricotta and coriander and chilli sauce (v) £6.75 (4,7,14)
King prawn and squid stew with red pepper and butter beans £7.25/£15.75 (2W,3,8,14)
Glazed honey and balsamic black figs with labneh, rocket and toasted hazelnuts (nv) £8.25 (7,9,10,14)
Bubble and squeak with oak smoked bacon, free range poached egg and hollandaise sauce £6.75/£11.75 (2F,4,7,14)

MAIN COURSES

- Sweet potato and saffron ravioli with haricot bean, garlic and sage broth (v) £13.25 (1,2W,4,14)
Slow-roast free range pork belly with Mortimer's cider braised cabbage, grain mustard mash and confit apple jus £16.75 (1,7,9,14)
Pan-roast rainbow trout fillet with bulgar wheat, quinoa, fennel, orange and pumpkin seed dressing £15.75 (2W,5,14)
Crispy chickpea panisse with wild mushroom and black cabbage fricassée and toasted walnuts (nv) £12.75 (2F,7,10)
Roast guinea fowl breast with guinea fowl leg hash, kale and local blackberry jus £17.50 (1,7,14)
Today's locally made free range sausages (please see specials board) £12.25 (1,2W,7,14)
Pan-roast sea bream fillet with creamed leeks and bacon, chervil potato cake and preserved grapes £18.75 (5,7)
Pumpkin, squash and lentil risotto with rocket and hazelnut pesto (nv) £12.75 ...add free range chicken £3.00 (1,7,10,14)
Char-grilled aged 10oz rib-eye steak with chimichurri and skinny chips £24.50 (2WF,9,14)

SIDES

- Buttered seasonal vegetables £3.50 (7) Warm roast spiced squash and pear with toasted pine nuts (n) £3.75 (10)
Mac 'n cheese 'n peas £3.75 (2W,7,4) Courgette fries with honeyed yoghurt £3.75 (2WF,4,7)
House salad £3.50 (9,14) Skinny chips (2WF), rosemary salted hand-cut chips (2F) or mashed potatoes (7) £3.50

PUDDINGS

- Sticky toffee pudding with salted caramel sauce, banana mousse and vanilla ice cream £6.75 (2W,4,7)
Dark chocolate delice with coffee mascarpone, orange curd and polenta short bread crumb £7.25 (2W,4,7,13)
Cinnamon spiced red wine poached pear with clotted cream ice cream £5.75 (4,7,14)
Yogurt panna cotta with oat, pistachio and cranberry granola and strawberry sorbet (n) £6.25 (20,7,10,14)
Baked rice pudding with local blackberry jam and brioche soldiers £5.50 (2W,4,7)
Homemade ice cream (clotted cream, honeycomb, raspberry) £5.75 (4,7)
Homemade sorbets (sloe gin (14), grapefruit, elderberry) £5.00
British cheese plate with wafers and red onion chutney (n) £8.50 (2WB0,7,12,13,14)
Affogato espresso and vanilla ice cream £4.25 (4,7)