

# THE ALFORD ARMS - Dairy Free



*Please ask for help with any allergies  
\*Some of these dishes may contain eggs. If you would like to go egg free,  
please just let us know*

## STARTERS

*Rustic breads with slow-roast garlic, Chiltern rapeseed oil and balsamico (nv) £4.75*

*Today's soup with crusty bread (nv) £5.75*

*Charlotte potato salad with Bucksom beetroot salsa and sourdough crisps (nv) £6.50*

*Free range pulled pork shoulder croquette with ale pickled quail's egg and English mustard mayonnaise £7.75*

*Salt baked heritage carrots with roast squash, pear and coriander and chilli sauce (v) £6.75*

*King prawn and squid stew with red pepper and butter beans £7.25/£15.75*

*Glazed honey and balsamic black figs with fennel, rocket and toasted hazelnuts (nv) £8.25*

*Bubble and squeak with oak smoked bacon and free range poached egg £6.75/£11.75*

## MAIN COURSES

*Sweet potato and saffron ravioli with haricot bean, garlic and sage broth (v) £13.25*

*Slow-roast free range pork belly with Mortimer's cider braised cabbage,  
grain mustard and rapeseed oil mash and confit apple jus £16.75*

*Pan-roast rainbow trout fillet with bulgar wheat, quinoa, fennel, orange and pumpkin seed dressing £15.75*

*Crispy chickpea panisse with sautéed wild mushrooms, black cabbage and toasted walnuts (nv) £12.75*

*Roast guinea fowl breast with guinea fowl leg hash, kale and local blackberry jus £17.50*

*Today's locally made free range sausages (please see specials board) £12.25*

*Pan-roast sea bream fillet with leeks, bacon, chervil potato cake and preserved grapes £18.75*

*Pumpkin, squash and lentil risotto with rocket and hazelnut pesto (nv) £12.75 ...add grilled free range chicken £3.00*

*Char-grilled aged 10oz rib-eye steak with chimichurri and skinny chips £24.50*

## SIDES

*Warm roast spiced squash and pear with toasted pine nuts (n) £3.75*

*Seasonal vegetables £3.50 Courgette fries £3.75 House salad £3.50*

*Skinny chips, rosemary salted hand-cut chips or Chiltern rapeseed oil mash £3.50*

## PUDDINGS

*Sticky toffee pudding with DF vanilla ice cream £6.75*

*Cinnamon spiced red wine poached pear with DF raspberry ice cream £5.75*

*Warm carrot and almond cake with oat, pistachio and cranberry granola and strawberry sorbet (n) £6.50*

*Coconut baked rice pudding with local blackberry jam £5.50*

*Homemade ice cream DF (vanilla, honeycomb, raspberry) £5.75*

*Homemade sorbets (sloe gin, grapefruit, strawberry) £5.00*

*Affogato espresso and DF vanilla ice cream £4.25*