THE ALFORD ARMS - Dairy Free

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Please ask for help with any allergies *Some of these dishes may contain eggs. If you would like to go egg free, please just let us know

STARTERS

Today's soup with crusty bread (nv) £5.75

Rustic breads with slow-roast garlic, Chiltern rapeseed oil and balsamico (nv) £4.75

Smoked paprika braised octopus with red pepper piperade £8.75

House sourdough flatbread with imam bayildi and Bucksum leaf salad (v) £7.25

Crispy pigs' cheeks with confit apple and celery and apple sauce £8.50

St. Ives smoked haddock kedgeree arancini with pickled egg, curried aïoli and watercress salad £7.50

Bubble and squeak with oak smoked bacon and free range poached egg £7.50/£13.75

MAIN COURSES

Ale-braised English beef rib and bone marrow suet pudding with honey roast parsnips and king cabbage £17.25

Whole baked Devon plaice with skinny chips and tartare sauce £18.50

Cumin spiced sweet potato hash with fried free range hen's egg, braised chicory and red wine sauce (v) £13.50

Confit free range pork belly with smoked ham hock and Toulouse sausage cassoulet £16.75

Today's locally made free range sausages (please see specials menu) £12.75

Pan-roast hake fillet with parsley, lemon and Chiltern rapeseed oil mash, rainbow chard and caper dressing £19.25

Roast butternut squash and barley risotto with shaved fennel salad (v) £13.25

Char-grilled aged 10oz rib-eye steak with rocket and skinny chips £26.25

SIDES

Seasonal vegetables £3.75

Roast squash with toasted almonds and cranberry vinaigrette (n) £4.50

Skinny chips or Chiltern rapeseed oil mashed potatoes £3.50

Smoked paprika salted hand-cut chips £3.75

House salad £3.75 Courgette fries £4.25

PUDDINGS

Warm spiced banana cake with DF vanilla ice cream £6.50

Caramelised pineapple with rum glaze and DF vanilla ice cream £6.75

Baked coconut rice pudding with blackberry sauce £6.50

Banana and orange caramel sundae with toasted almond granola and DF vanilla ice cream £6.75

Homemade DF (dairy free) ice cream (vanilla, strawberry) £6.00

Homemade sorbets (lemon, ginger, apple) £5.75

Affogato espresso and DF vanilla ice cream £4.75

