

THE ALFORD ARMS - Dairy Free



*Please ask for help with any allergies
*Some of these dishes may contain eggs. If you would like to go egg free,
please just let us know*

STARTERS

Today's soup with crusty bread (nv) £5.75

Rustic breads with slow-roast garlic, Chiltern rapeseed oil and balsamico (nv) £4.75

Heritage tomato panzanella salad with char-grilled courgette (nv) £6.50

St. Ives smoked trout with new potato and wholegrain mustard salad and pickled local elderflower £7.25

Warm Summer salad with broccoli, runner beans, courgettes, peas, baby gem, mint and soused red onion (v) £6.75

Caesar style salad with baby gem, croutons and anchovies £6.25/£11.50

..... add Potash Farm roast free range chicken £2.50/£4.00

Chiltern Charcuterie plate with ham hock terrine, celeriac rémoulade, cornichons and sourdough (n) £8.25/£15.75

Bubble and squeak with oak smoked bacon and free range poached egg £7.50/£13.75

MAIN COURSES

Imam bayildi and chickpeas with spiced raisin and almond couscous (nv) £12.75

Free range pork Holstein with sweet potato chips, free range hen's egg, capers, anchovies and sherry jus £17.25

Pan-roast Newlyn haddock fillet on classic niçoise salad £16.25

Courgette, potato and spring onion rösti with thyme artichokes, Bucksun leaves and tomato vinaigrette (v) £13.50

*Field mushroom stuffed Potash Farm free range chicken breast with Chiltern rapeseed oil mash,
broccoli and roast red onion £17.75*

Today's locally made free range sausages (please see specials) £12.50

King prawn linguine with smoked bacon, sun-dried tomato, garlic and chilli £14.75

Bombay spiced roast cauliflower with coriander basmati rice and pea pakoras (v) £13.75

Char-grilled aged 10oz rib-eye steak with slow-roast garlic and skinny chips £25.75

SIDES

Seasonal vegetables £3.75 Rosemary salted hand-cut chips £3.75

Runner beans with roast garlic £3.75 Courgette fries £4.00

House salad £3.50 Skinny chips or mashed potatoes £3.50

PUDDINGS

Raspberry and coconut sorbet sundae with peanut butter crumble and lime jelly (n) £6.75

Local elderflower poached English strawberries with coconut tuile and dairy free (DF) strawberry ice cream £7.25

Strawberry and raspberry mille-feuille with DF strawberry ice cream £6.75

Spiced apple and gooseberry granola crumble with DF vanilla ice cream £5.75

Homemade DF ice cream (vanilla, strawberry, chocolate) £5.75

Homemade sorbets (coconut, raspberry, mint) £5.25

Affogato espresso and DF vanilla ice cream £4.50