

THE ALFORD ARMS - Gluten Free



Please ask for help with any allergies

STARTERS

Today's soup with *gluten free (GF) bread (nv)* £5.75

Heritage tomato and char-grilled courgette salad with *balsamic reduction (v)* £6.50

St. Ives smoked trout with *new potato and wholegrain mustard salad and pickled local elderflower* £7.25

Whipped Wobbly Bottom Farm goats' cheese with *peas, mint and soused red onion (v)* £6.75

Classic Caesar salad with *baby gem, parmesan and anchovies* £6.25/£11.50

..... add roast Potash Farm free range chicken £2.50/£4.00

Chiltern Charcuterie plate with *ham hock terrine, celeriac rémoulade, cornichons and Bucksun leaves* £8.25/£15.75

Bubble and squeak with *oak smoked bacon, free range poached egg and hollandaise sauce* £7.50/£13.75

MAIN COURSES

Imam bayildi and chickpea stew with *Chiltern rapeseed oil mash (v)* £12.75

Free range pork Holstein with *sweet potato chips, free range hen's egg, capers, anchovies and sherry jus* £17.25

Pan-roast Newlyn haddock fillet on *classic niçoise salad* £16.25

Courgette, potato and spring onion rösti with *thyme artichokes, Bucksun leaves and tomato vinaigrette (v)* £13.50

Field mushroom stuffed Potash Farm free range chicken breast with *creamed polenta, broccoli and roast red onion* £17.75

Garlic and chilli king prawns with *smoked bacon and sun-dried tomato stew and basmati rice* £14.75

Bombay spiced roast cauliflower with *coriander basmati rice and pea pakoras (v)* £13.75

Char-grilled aged 10oz rib-eye steak with *slow-roast garlic butter and rosemary salted hand-cut chips* £25.75

SIDES

Buttered seasonal vegetables £3.75 Rosemary salted hand-cut chips £3.75

Runner beans with *garlic butter* £3.75 House salad £3.50 Mashed potatoes £3.50

Spiced roast cauliflower and broccoli with *toasted almonds (n)* £4.00

PUDDINGS

Lemon posset with *coconut tuile and raspberries* £6.75

Iced banana parfait with *peanut butter, chocolate crumble and lime jelly (n)* £6.50

Local elderflower poached English strawberries with *coconut tuile and clotted cream* £7.25

Cinnamon spiced apple and gooseberry sundae with *vanilla ice cream* £5.75

Homemade ice cream (*strawberry, vanilla, chocolate*) £5.75

Homemade sorbets (*coconut, raspberry, mint*) £5.25

British cheese plate with *GF crackers and red onion chutney (n)* £8.75

Affogato espresso and *vanilla ice cream* £4.50