

# THE ALFORD ARMS - Gluten Free



*Please ask for help with any allergies*

## STARTERS

*Today's soup with gluten free (GF) bread (nv) £5.75*

*Poached duck egg with puy lentils, chicory and honey mustard dressing (v) £6.50*

*Salt and Szechuan pepper squid with sweet chilli sauce £7.50*

*Caramelised Wobbly Bottom goats' cheese with rocket and red onion salad (v) £6.75*

*Grilled Cornish mackerel fillet with roast Bucksum beetroot and wasabi mayonnaise £7.25*

*Beef shin croquettes with pickled cauliflower and Alford Arms brown sauce £7.50*

*Bubble and squeak with oak smoked bacon, free range poached egg and hollandaise sauce £7.25/£13.75*

## MAIN COURSES

*Ox cheek and roast marrowbone stew with braised sticky red cabbage and roast shallots £16.75*

*Smoked haddock mornay with chive new potato cake and spring greens £15.50*

*Char-grilled thyme and garlic pork chop with boulangère potatoes, kale and red wine jus £17.50*

*Moroccan sweet potato and chickpea stew with tahini yoghurt and roast garlic flatbread (v) £13.25*

*Potash Farm free range coq au vin with colcannon and honey glazed parsnips £17.25*

*Baked plaice fillet with mussel chowder and saffron potatoes £16.50*

*Parsnip and celeriac gratin with rocket, lentil and red onion salad (v) £12.75*

*Char-grilled aged 10oz rib-eye steak with stilton butter and fat chips £24.50*

## SIDES

*Buttered seasonal vegetables £3.50*

*Buttered sprouts and bacon £4.00*

*Rosemary salted hand-cut chips or mashed potatoes £3.50*

*House salad £3.50*

## PUDDINGS

*Warm carrot and almond cake with frosted pecans and orange ripple ice cream (n) £6.75*

*Toffee panna cotta with salted popcorn and chocolate ice cream £6.50*

*Poached English rhubarb with yoghurt sorbet and candied walnut crumb (n) £6.25*

*Apple and rum caramel crumble with Chantilly cream £5.75*

*Coconut rice pudding with English rhubarb £6.50*

*Homemade ice cream (muscovado, coffee, orange ripple) £5.75*

*Homemade sorbets (blackberry, dark chocolate, yoghurt) £5.00*

*British cheese plate with GF seeded crackers and red onion chutney (n) £8.50*

*Affogato espresso and vanilla ice cream £4.25*